High School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2 Blueberry Waffles or Breakfast Sandwich Assorted Fruit Juice Assorted Chilled Fruit	**3** Cherry Frudel OR Sausage, Egg & Cheese Pocket Assorted Fruit Juice Assorted Chilled Fruit	**4** Mini Cinnis OR Breakfast Parfait w/Granola Assorted Fruit Juice Assorted Chilled Fruit	**5** Mini Confetti Pancakes OR French Toast Bites w/ Syrup Assorted Fruit Juice Assorted Chilled Fruit	**6** Trix Mini French Toast OR Sausage Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit
16 Chocolate Chip French Toast OR Pancake & Sausage on a Stick Assorted Fruit Juice Assorted Chilled Fruit	**10** Apple Frudel OR Breakfast Sandwich Assorted Fruit Juice Assorted Chilled Fruit	**11** Blueberry Pancakes OR Breakfast Parfait Assorted Fruit Juice Assorted Chilled Fruit	**12** Cinnamon Crunch French Toast OR Pancake & Sausage on a Stick Assorted Fruit Juice Assorted Chilled Fruit	**13** Strawberry Cream Cheese Stuffed Bagel OR Country Gravy & Sausage Pizza Assorted Fruit Juice Assorted Chilled Fruit
16 **No School Safety Day**	**17** Cinnamon Toast Stuffed Bar OR Breakfast Sandwich Assorted Fruit Juice Assorted Chilled Fruit	**18** French Toast Sticks w/Syrup OR Mini Maple Pancakes Assorted Fruit Juice Assorted Chilled Fruit	**19** Ultimate Breakfast Chocolate Round OR Breakfast Parfait Assorted Fruit Juice Assorted Chilled Fruit	**20** Cinnamon Cream Cheese Stuffed Bagel OR Bacon & Egg Breakfast Pizza Assorted Fruit Juice Assorted Chilled Fruit
23 Sausage & Cheese Pizza Bagel OR Pancake & Sausage on a Stick Assorted Fruit Juice Assorted Chilled Fruit	**24** Grape Filled Crescent OR Breakfast Parfait Assorted Fruit Juice Assorted Chilled Fruit	**25** Thanksgiving Break	**26**	**27**
30 Mini Maple Pancakes OR Breakfast Parfait w/Granola Assorted Fruit Juice Assorted Chilled Fruit			***Available Daily: Assorted Benefit Bars, Pop-Tarts, Cereal, Muffins, String Cheese, Yogurt & Graham Crackers***	

A full student breakfast includes a choice of entree supplying grain and protein, two (2) ½ cup fruit side dishes and milk.

Menu subject to change without notice

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High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese Pizza Crunchers Seasoned French Fries Mandarin Oranges Fresh Pineapple Cubes	**3** French Toast Sausage Patty Hash Brown Patty Sliced Pears Green Grapes	**4** Crispy Chicken Tenders Baked Beans Blueberry Crisp Sliced Peaches Fresh Strawberries	**5** Mashed Potato Chicken Bowl Seasoned Corn WG Dinner Roll Rosy Applesauce Watermelon Cubes	**6** Classic Cheese Pizza Seasoned Peas Assorted Chilled Fruit Assorted Fresh Fruit
9 Classic Cheeseburger on WG Bun Tater Tots Baked Beans Mandarin Oranges Fresh Pineapple Cubes	**10** Frito Walking Taco Seasoned Corn Salsa & Sour Cream Sliced Pears Green Grapes	**11** Macaroni & Cheese St Louis BBQ Ribs Seasoned Green Beans Peach Crisp Sliced Peaches Fresh Strawberries	**12** Crispy Chicken Patty w/Pickles on WG Bun Potato Smiles Baked Beans Rosy Applesauce Watermelon Cubes	**13** Classic Pepperoni Pizza Roasted Zucchini Assorted Chilled Fruit Assorted Fresh Fruit
16 **No School** **Safety Day**	**17** Corn Dog Crinkle Cut Fries Sliced Pears Green Grapes	**18** Crispy Chicken Bites Seasoned Broccoli WG Dinner Roll Sliced Peaches Fresh Strawberries	**19** **Feast Day!!** Roasted Turkey w/Gravy Mashed Potatoes WG Dinner Roll Green Bean Casserole Paco Blend Veggies Pumpkin Pie Chocolate Pupping Mandarin Oranges Fresh Berries	**20** Classic Cheese Pizza Seasoned Peas Assorted Chilled Fruit Assorted Fresh Fruit
23 Crispy Chicken Patty w/Pickles on WG Bun Tater Tots Baked Beans Mandarin Oranges Fresh Pineapple Cubes	**24** Beef Taco w/ Cheddar Cheese Fiesta Topping Bar Mexican Corn Sliced Pears Green Grapes	**25** Thanksgiving Break	**26**	**27**
30 Bosco Sticks w/Marinara Seasoned Peas Mandarin Oranges Fresh Pineapple Cubes		***Entrée Available Daily: Ham, Turkey & Egg Chef Salad***	***Fresh Fruit and Veggie Bar available Daily***	

A full student lunch includes a choice of entrée supplying protein and /or grain, vegetable side dish, two (2) fruit side dish, and a choice of milk. Milk choices include Whole White and 1% Chocolate.

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